Neovascularization in Outer Membrane of Chronic Subdural Hematoma: A Rationale for Middle Meningeal Artery Embolization

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Objective: Chronic subdural hematomas (cSDHs) are generally known to result from traumatic tears of bridging veins. However, the causes of repeat spontaneous cSDHs are still unclear. We investigated the changes in vasculature in the human dura mater and outer membrane (OM) of cSDHs to elucidate the cause of their spontaneous repetition.

Methods: The dura mater was obtained from a normal control participant and a patient with repeat spontaneous cSDHs. The pathological samples from the patient included the dura mater and OM tightly adhered to the inner dura. The samples were analyzed with a particular focus on blood and lymphatic vessels by immunohistochemistry, 3-dimensional imaging using a transparent tissue clearing technique, and electron microscopy.

Results: The dural border cell (DBC) layer of the dura mater and OM were histologically indistinguishable. There were 5.9 times more blood vessels per unit volume of tissue in the DBC layer and OM in the patient than in the normal control. The DBC layer and OM contained pathological sinusoidal capillaries not observed in the normal tissue; these capillaries were connected to the middle meningeal arteries via penetrating arteries. In addition, marked lymphangiogenesis in the periosteal and meningeal layers was observed in the patient with cSDHs.

Conclusion: Neovascularization in the OM seemed to originate from the DBC layer; this is a potential cause of repeat spontaneous cSDHs. Embolization of the meningeal arteries to interrupt the blood supply to pathological capillaries via penetrating arteries may be an effective treatment option.

Key Words: Chronic subdural hematoma · Dura mater · Lymphangiogenesis · Pathological neovascularization · Outer membrane.
INTRODUCTION

A chronic subdural hematoma (cSDH) is characterized by blood accumulation between the dura and arachnoid mater that develops over 3 weeks or more. The annual incidence of cSDHs is approximately 17.6 per 100000 individuals, and cSDHs increase significantly in the population aged 80 years and older (52.1 for 70–79-year-old vs. 130.3 for 80–89-year-old per 100000/year). Approximately 50–80% of patients with cSDHs have a history of head trauma and the use of antithrombotic agents. SDHs are commonly caused by tears in bridging veins and rarely by ruptures of arterial twigs traversing the subdural space. Hematomas can regress spontaneously or with the aid of medications such as steroids, tranexamic acid, angiotensin-converting enzyme inhibitors and platelet-activating factor receptor antagonists. However, due to the mass effect of cSDHs, symptomatic patients must be treated with surgical interventions such as burr hole trephination and craniotomy.

The recurrence rate of cSDHs has been reported to be 2–37%, even after surgical management. Although cSDHs usually recur due to known causes such as trauma, drugs and clinical diseases, their spontaneous repetition is expected to be due to other causes. Previous studies have proposed several hypotheses for repeat spontaneous occurrence of cSDHs: the formation of a leaky vascularized outer membrane (OM), clotting cascade dysfunction, the transfer of cerebrospinal fluid into the hematoma by the osmotic gradient, and local hyperfibrinolysis. Recently, embolization of the middle meningeal arteries (MMAs) supplying the dura mater with glue or particles was reported to have a significantly lower recurrence rate and a higher cure rate than conventional management. These clinical results are considered strong evidence of the direct relationship between MMAs and repeat spontaneous cSDHs. Nevertheless, translational studies supporting this hypothesis are still lacking. We aimed to elucidate the pathophysiology of repeat spontaneous cSDHs through the histopathological comparison of the dura mater and membrane enveloping cSDHs between a normal control participant and a patient with repeat spontaneous cSDHs.

MATERIALS AND METHODS

Sampling of normal and pathological dura mater

Human dura mater samples were acquired under the approval of the Seoul National University Hospital Institutional Review Board. Human participants who provided tissue samples gave informed consent and all methods were performed in accordance with the relevant guidelines and regulations. The normal temporal dura mater was acquired from a 54-year-old patient undergoing surgical clipping of an unruptured intracranial aneurysm who had no history of intracranial disease (normal control). A large parieto-temporal dura mater with cSDHs was harvested from a 56-year-old patient who underwent left-sided frontotemporal craniotomy, clipping of an unruptured aneurysm in the anterior communicating artery and evacuation of the multilayered cSDHs (pathological case) (Fig. 1A). As blood accumulates in the subdural space, a new membrane forms that envelopes the SDHs. Based on previous studies, the newly formed membrane between the dura mater and hematoma was defined as the OM, and the membrane between the hematoma and arachnoid mater was defined as the inner membrane in this study. Intraoperatively, the cSDHs were found to be covered with outer and inner membranes and separated with a few intervening membranes, in which the slightly thickened OM was attached to the inner surface of the dura mater; meanwhile, the thinner inner membrane was less firmly attached to the arachnoid mater. Intramembranous contents included dark brownish fluid and a solid, old clot. When the OM was peeled from the inner surface of the dura mater, fine blood oozing from the inner dural surface was observed in that area. However, there was no such microscopic finding of bleeding upon removing the inner membrane from the arachnoid mater. A large dura mater attached to the OM of the cSDHs was resected, and the dural defect was replaced with artificial dural materials in the patient (Fig. 1B).

Tissue clearing

Dural samples were fixed in 10% formalin after harvest and stored at 4°C for at least 24 hours. The samples were cut into smaller pieces and put in acrylamide solution for hydrogel embedding. After an overnight incubation at 4°C, the bottle containing acrylamide solution was filled with nitrogen gas, and the samples were incubated at 37°C for 5 hours. Lips
were cleared from the polymerized tissues through electrophoresis. To increase tissue permeability, the samples were incubated in DeepLabel™ solution A (#C33002; Logos Biosystem, Anyang, Korea) for 3 days. For immunostaining, the samples were incubated at 37°C with primary antibodies against the following proteins in DeepLabel™ solution B (#C33003; Logos Biosystem) : laminin (#L9393; Sigma Aldrich, St. Louis, MO, USA), α-smooth muscle actin (αSMA; #ab7817; Abcam, Cambridge, UK), and podoplanin (PDPN; #ab77854; Abcam; #sc-376695; Santa Cruz Biotechnology, Dallas, TX, USA). After 7 days of incubation, the dural samples were washed with phosphate-buffered saline (PBS) and incubated for 5 days with the following secondary antibodies : Alexa Flour™ 488 goat anti-mouse IgG (#A11001; Invitrogen), Alexa Flour™ 594 goat anti-mouse IgG (#A11005; Invitrogen), Alexa Flour™ 488 goat anti-rabbit IgG (#A11008; Invitrogen), Alexa Flour™ 488 chicken anti-goat IgG (#A21467; Invitrogen), Alexa Flour™ 647 chicken anti-rabbit IgG (#A21443; Invitrogen), and Alexa Flour™ 555 donkey anti-rabbit IgG (#A31572; Invitrogen). Washed samples were mounted overnight in X-CLARITY™ mounting solution (#C13101; Logos Biosystem). Images of the stained samples were obtained using a Leica SP8 confocal microscope.

**Immunohistochemistry**

Selected regions of the dural samples were embedded in paraffin and sectioned at 4 μm. These sectioned samples were deparaffinized in xylene and rehydrated serially in 70–100%
ethanol solutions. After antigen retrieval using citric acid and trisodium citrate for 50 minutes, the permeability of the samples was increased using 0.5% Triton X-100 in PBS, and nonspecific antigens were blocked using 5% bovine serum albumin in PBS. Then, primary antibodies were added to the sectioned samples overnight at 4°C. The primary antibodies used for targeting antigens were the same as those used in CLARITY. After overnight incubation, the slides were washed and incubated for 1 hour with the same secondary antibodies used in CLARITY. The samples were washed again and mounted using VECTASHEILD® mounting solution (#H-1000; Vector Laboratories, Newark, CA, USA). Similar to the CLARITY procedure, a Leica SP8 confocal microscope was used to capture images of stained samples.

**Volume measurement of vessels**

To measure the volume of whole tissues and stained vasculature, IMARIS (Oxford instrument) was used. After reconstruction of the 3-dimensional (3D) vascular architecture, the surface analysis technique in IMARIS extracted quantification values of vasculature in the tissue. The obtained values represent the volume (µm³) of immunofluorescence-positive vessels per unit volume (µm³) of tissue. To estimate vascular formation, vascular volume density was measured in three pieces of normal dura mater and three pieces of pathological dura mater with the OM of cSDHs. Additionally, another three pieces from the normal control and pathological dural samples were used for measuring artery volume density.

**Transmission electron microscopy (TEM)**

TEM (JEM-1400; JEOL, Tokyo, Japan) images were taken at our institution. The dural samples were fixed in 10% formalin and washed in PBS overnight. Then, the samples were washed in Sorensen’s phosphate buffer and fixed in 2% osmium tetroxide. After dehydration in alcohol, propylene was added, and the samples were embedded in Spurr’s embedding media. Ultrathin sectioned samples were mounted on copper grids and stained with uranyl acetate and lead citrate.

**Statistical analysis**

Data were statistically analyzed with Prism (GraphPad, La Jolla, CA, USA). Values are reported as the average ± standard deviation. One-way ANOVA with post hoc Tukey’s test was used for multiple comparisons. An unpaired t-test was used to compare the number of blood vessels, lymphatic sprouts and loops and the vascular volume density. Significant differences were indicated by *p*<0.05 (*) and **p**<0.005 (**).
Pathological sinusoidal capillaries in the DBC layer of the dura mater and OM of cSDHs

To understand the characteristics of the newly formed vessels, we observed the structural characteristics of the endothelial cells in vessels of the DBC layer in the normal control and in vessels of the DBC layer and OM in the patient with cSDHs using TEM. In the DBC layer of the normal control and the DBC layer and OM in the patient, continuous capillaries were present (Fig. 3A). This type of capillary contains endothelial cells connected by tight junctions. Interestingly, fenestrated and sinusoidal capillaries were observed in only the DBC layer and OM in the patient with cSDHs. The endothelial cells in the fenestrated capillaries had pores with diaphragms, and sinusoidal capillaries showed gaps between endothelial cells (Fig. 3B). In addition, capillaries (defined as 5–10 μm in diameter\(^3\)) with gaps between αSMA-stained cells were observed in the DBC layer and OM of cSDHs. The αSMAAs in the DBC layer and OM were thinner in the patient than in the normal...
Penetrating arteries connecting MMAs in the periosteal layer and capillaries in the DBC layer and OM of cSDHs

To confirm the blood supply to the newly formed vessels in the DBC layer and OM of the cSDHs, arteries throughout the control (Supplementary Fig. 1).

**Fig. 3.** Types of capillaries in the DBC layer of the dura mater and OM of cSDHs. A: Representative TEM image of a continuous capillary in the DBC layer of the normal control. Scale bar, 1 μm. B: Representative TEM images of the capillary type in the DBC layer of the dura mater and OM of cSDHs from the patient. Black arrowheads indicate tight junctions in a continuous capillary, a pore with a diaphragm in a fenestrated capillary, and gaps without junctions and diaphragms in a sinusoidal capillary. Scale bar, 1 μm. DBC: dural border cell, OM: outer membrane, cSDH: chronic subdural hematoma, TEM: transmission electron microscopy.

**Fig. 4.** Connection between MMAs and newly formed capillaries in the DBC layer and OM of cSDHs. A: Representative images of 3-dimensional (3D) vessels stained with laminin (red) and αSMA (green) in the entire dura mater from the periosteal to the DBC layers. The penetrating arteries connected to the MMAs in the periosteal layer and the capillaries in the DBC layer. A significant increase in capillaries in the DBC layer and OM of cSDHs was observed. Scale bar, 300 μm. B: Laminin (red)- and αSMA (green)-labeled arteries are shown after volume rendering steps. The 3D volume of the capillaries in the DBC dural layer and OM of cSDHs is shown in yellow. C: Quantification of the arterial volume (μm³) in the DBC layer and OM. The volume of capillaries increased significantly. Data are presented as the average±standard deviation (****p<0.0001). cSDH: chronic subdural hematoma, αSMA: α-smooth muscle actin, DBC: dural border cell, OM: outer membrane, MMA: middle meningeal artery.
dura mater were constructed in 3D. Dural arteries in the transparent tissue samples were stained with laminin and αSMA antibodies, and the MMAs in the periosteal layer were observed to branch to the DBC layer in the normal control and to the DBC layer and OM in the patient with cSDHs. The diameters of MMAs in the periosteal dural layer and MMA-derived penetrating arteries ranged from 100 to 600 µm and from 20 to 50 µm, respectively (Supplementary Table 1). Penetrating arteries passed the meningeal dural layer and finally connected to the capillaries distributed in the DBC layer of the normal control and the DBC layer and OM of the patient with cSDHs (Fig. 4A). There were no differences in the number or diameter of MMAs and penetrating arteries between the normal control and patient with cSDHs (Supplementary Table 1). To confirm the formation of arterioles and capillaries connected to penetrating arteries, the volume of αSMA-positive vessels in a unit volume (µm³) was measured. The arterial volume density in the DBC layer and OM of the cSDHs was 5.4 times higher than that in the normal DBC layer (Fig. 4B and C, Supplementary Videos 1 and 2). The diameter of blood vessels in the DBC layer and OM of cSDHs was not different compared with the normal control, so the increase in vascular volume suggested an increase in the number of vessels (Supplementary Table 1).

Lymphangiogenesis in the periosteal to meningeal dural layers

To identify the induction of lymphangiogenesis during laminin-positive angiogenesis, PDPN antibodies were used for immunostaining of lymphatic endothelial cells. Interestingly, sprouts and loops of lymphatic vessels, morphological characteristics of newly formed lymphatic vessels, were observed in both the normal control and pathological dura mater samples (Fig. 5A). Newly formed lymphatic vessels were highly developed, especially around large vessels in the periosteal layer from the patient with cSDHs (Fig. 5B and Supplementary Fig. 2); however, lymphatics in the DBC layer and OM could not be observed due to technical limitations. The numbers of sprouts and loops were counted to obtain the average per volume (µm³). The average number of sprouts per volume in the normal control and patient dura mater samples was 0.25±0.49 and 6.64±8.3, respectively; the patient with cSDHs had 26.9 times more sprouts than the normal control. The average number of loops per volume (µm³) in the normal control and patient was 0.069±0.08 and 4.03±3.04, respectively, suggesting that the patient had 58.8 times more loops than the normal control (Fig. 5C and D).

**DISCUSSION**

To clarify the pathophysiology of repeat spontaneous cS-
DHs, we investigated tissue samples of the dura mater and cSDH membranes from a patient with repeat spontaneous cSDHs and a normal control. A thick DBC layer and OM of the cSDHs that were not histologically distinguishable were observed in the patient with cSDHs. Extensive laminin-positive neovascularization in the DBC layer and OM in the patient resulted in a 5.9-fold higher vasculature volume density than in the normal DBC layer. Fragile pathological sinusoidal capillaries that were not detected in the normal dura mater were observed in the DBC layer and OM. The vasculature was widely distributed in DBC layer, and the OM was connected to the MMAs in the periosteal layer through the penetrating arteries. In addition, the formation of lymphatic vessels in the periosteal and meningeal layers in the patient with cSDHs was increased compared to that in the normal control. Based on these findings, it can be postulated that an incomplete but abundantly neovascularized OM of cSDHs forms from the DBC layer of the dura mater, and repeat spontaneous bleeding occurs from the fragile pathological capillaries in the OM of cSDHs that connect to MMAs via penetrating arteries.

According to previous reports [7,24,26,33], the histological characteristics of cSDHs are as follows: 1) blood collects between the DBC layer of the dura mater and arachnoid mater; 2) outer and inner membranes (neomembranes) of cSDHs form with fibroblasts and collagen fibers; and 3) extensive neovascularization with sinusoidal capillaries occurs in the DBC dural layer and OM of cSDHs. The blood components that accumulate between the dura and arachnoid mater stimulate the recruitment of inflammatory cells to repair the damaged DBC layer by forming granulation tissues. Type 1 and type 3 procollagens, which are abundant in SDHs, also induce the proliferation of fibrous connective tissues in the DBC layer [24]. This process is similar to that during wound healing and is known as neomembrane formation [7,24]. It has been reported that the inner membrane is generally not associated with neo-vascularization, and blood vessels in the inner membrane disappear as cSDHs mature [2]. Meanwhile, neovascularization develops in the OM of cSDHs, and the neovascularized OM has been suspected to evoke the growth of cSDHs [7]. Additionally, in this study, we observed a histologically indistinguishable DBC layer of the dura mater and OM of cSDHs. Accordingly, we considered that the neovascularized OM forms from the DBC layer in the dura mater facing cSDHs.

Neovascularization in the OM of cSDHs is thought to be a result of the hematoma. As blood accumulates in the subdural space, inflammatory cells, including neutrophils, lymphocytes, macrophages and erythrocytes, migrate and release cytokines and angiogenic factors around the hematoma and adjacent dural layer [29]. Usually, the presence of proinflammatory cytokines such as interleukin (IL)-2, IL-5, IL-6, IL-7, and IL-8 increases to a greater extent than that of anti-inflammatory cytokines such as IL-10 and IL-13 [29]. The concentration of vascular endothelial growth factor (VEGF), a characteristic angiogenic factor, is much higher in SDHs than in peripheral blood. The level of angiopoietin-2, which normally promotes cell death and disrupts vessels, increases more in the OM than in the brain parenchyma, promoting neovascularization in the OM as it cooperates with VEGF [32]. In addition, the concentration of VEGF-2, which is known to play a critical role in the regeneration of meningeal vessels after head injury, increases substantially [35]. Based on this background evidence, a phase II randomized proof-of-concept clinical trial with atorvastatin for immunoregulation and dexamethasone for vascular repair was conducted in patients with cSDHs [30]. The results showed that atorvastatin combined with low-dose dexamethasone reduced hematoma and improved neurological function. This finding suggests that inflammation and neovascularization may be closely related to repeat spontaneous bleeding, and the modulation of associated factors is a potential therapeutic target for the resolution of cSDHs.

In general, there are three types of capillaries, continuous, fenestrated and sinusoidal capillaries that can be distinguished by endothelial cell structures. Continuous capillaries have tight junctions between endothelial cells, and fenestrated capillaries have pores with diaphragms between endothelial cells. Continuous and fenestrated capillaries are known to exist in the normal dura mater; however, only continuous capillaries were identified in this study. Sinusoidal capillaries are mainly found in the liver, spleen, bone marrow, and brain circumventricular organs but not in the dura mater [1]. Thus, the observation of sinusoidal capillaries in the DBC dural layer and OM indicates pathological changes in cSDHs [33]. In this study, pathological sinusoidal capillaries were observed in the DBC layer of the dura mater and OM of cSDHs but not in the normal control. Sinusoidal capillaries (or macrocapillaries) have been considered fragile and leaky compared with other types of capillaries because of certain characteristics, such as thin or absent basement membranes, a lack of smooth muscle cells.
and pericytes, and gaps\(^2,26\). Therefore, these capillaries have been considered the main cause of repeat bleeding\(^{24,26,33}\). The osmotic-oncotic pressure hypothesis involving the transport of cerebrospinal fluid into the encapsulated hematoma has been suggested as another cause of repeat spontaneous cSDHs\(^9\). However, this theory has now been discarded because studies failed to demonstrate differences in osmotic-oncotic pressure among hematomas, plasma and cerebrospinal fluid\(^5\). The clotting cascade dysfunction hypothesis posits that the subdural blood clot liquefies and causes persistent bleeding\(^{14}\), and the local hyperfibrinolysis hypothesis involves excessive fibrinolytic activity due to a pre-existing latent coagulation disorder. However, these hypotheses cannot explain most cases of repeat spontaneous cSDHs\(^{12}\).

For the past two decades, since the first case report of cSDHs refractory to several surgical procedures in 2000, embolization of MMAs with glue and particles has shown potential as an alternative to conventional surgery\(^2,8,25\). A recent meta-analysis showed that the recurrence rate after MMA embolization was 2.4% for recurrent cSDHs and 4.1% for primary cSDHs compared to the usual postoperative recurrence rate of 10–20%, confirming the excellent inhibitory effect of MMA embolization on cSDHs\(^8,10\). The newly formed capillaries located in the DBC layer of the dura mater and OM of cSDHs were found to be connected to MMAs in the periosteal dural layer via penetrating arteries in this study. Based on such histological findings, it is speculated that MMA embolization can block the blood supply to sinusoidal capillaries (Fig. 6). In brief, a microcatheter is inserted into MMAs ipsilateral to cSDHs via the external carotid artery, and then, glue or particles are injected into the MMAs to interrupt the blood supply to the targeted dura mater\(^6\).

In the pathological dura mater facing the cSDHs, greater increases in lymphangiogenesis and blood vessels were observed compared to the normal control (Fig. 5). The morphological changes such as sprouting and loop formation of the lymphatics observed in this study are generally seen during angiogenesis and lymphatic vessel regeneration after traumatic brain injury\(^3,4\). The meningeal lymphatic system is known to be involved in passing immune cells and draining waste from the brain to the deep cervical lymph nodes\(^18\). In addition, an animal study showed that hematomas drained out of the subdural space through the meningeal lymphatic vessels and lymphatic dysfunction caused by meningeal lymphatic ligation.
led to the attenuation of SDH resorption\(^{17}\). Therefore, it may be a general concept that blood components are resolved throughout the meningeal veins and lymphatics once SDHs accumulate. Meanwhile, if spontaneous bleeding from the neovascularized OM of cSDHs occurs repeatedly, the accumulation of cSDHs could surpass the resorption capacity of the meningeal veins and lymphatics, ultimately resulting in clinical symptoms and signs. In such a repetitive situation, symptomatic cSDHs can be treated by craniotomy followed by removal of the neovascularized dura mater and OM or MMA embolization rather than by simple burr hole trephination.

**CONCLUSION**

In summary, neovascularization with pathological sinusoidal capillaries were observed in the DBC dural layer and OM of cSDHs. The pathological capillaries were connected to MMAs via penetrating arteries. Based on these findings in this study, the neovascularized OM of cSDHs may form from the DBC layer of the dura mater, and repeat spontaneous cSDHs may originate from the neovascularized OM. Interruption of the blood supply to the neovascularized OM of cSDHs could lead to resolution via the meningeal veins and lymphatics. Thus, MMA embolization appears to be very promising as a less invasive treatment for patients with repeat spontaneous cSDHs.

**AUTHORS’ DECLARATION**

**Conflicts of interest**

Won-Sang Cho has been editorial board of JKNS since September 2021. He was not involved in the review process of this original article. No potential conflict of interest relevant to this article was reported.

**Informed consent**

Informed consent was obtained from all individual participants included in this study.

**Author contributions**

Conceptualization : WSC, YC, GJC; Data curation : WSC, YC, DSH, MS, HSK; Funding acquisition : WSC, YC, DSH, GJC; Methodology : SHL, HK, YL; Project administration : WSC; Visualization : HK, YL; Writing - original draft : HK, YC, WSC; Writing - review & editing : YC, WSC.

**Data sharing**

None

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This paper can be found on Research Square (Neovascularization in the outer membrane of chronic subdural hematomas from the dural border cell layer of the dura mater).

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