

Supplementary Table 2. Preoperative and postoperative VAS and ODI (n=29)

	Value
Pre-op back VAS	7.1±1.5 (4 to 10)
Pre-op leg VAS	6.8±2.0 (2 to 10)
Post-op back VAS	2.4±1.9 (0 to 7)
Post-op leg VAS	2.7±2.1 (0 to 7)
Back VAS changes	-4.6±2.2 (-8 to 0)
Leg VAS changes	-4.1±2.2 (-9 to 0)
Pre-op ODI (%)	60.5±4.6 (54 to 68)
Post-op ODI (%)	16.1±3.4 (8 to 22)
ODI changes	44.4±5.7 (32 to 58)

Values are presented as mean±standard deviation (range). VAS : visual analogue scale, ODI : Oswestry Disability Index, Pre-op : immediately preoperatively, Post-op : 12 months after surgery